

## Case Study:

**How To Eliminate Approach Anxiety So You Can Approach Any Women When You Want & Make Them Want You**



As you know, I work with 10's of 1000's of men around the world. Some I work with through email, others I work with over the phone and others I work with one on one in person.

There are a few topics that are common with each of these men that I work with. One of them being, how to approach women and get over approach anxiety.

I have recently started to save all of my correspondence with the guys that I work with for two reasons.

1. I think it's interesting for them to see their progress.
2. So that I can share the information with you.

I really believe that learning by observing others is very beneficial.

The main thing I want you to notice is how change CAN occur when you are dedicated to the process. Change does not happen with a magic pill or "LINES".

It happens when you take it up yourself to practice, push yourself and take risks.

As I always say “It’s about the act of doing it NOT being successful at doing it.”

In this Special Report I will show a case study using one of my **Phone Coaching** Clients, who I will refer to as XXX.

His journey is one that I know you will gain information from.

The report includes the email correspondence between he and I, following our 30-minute coaching session.

I ask all my clients to write me emails every night, for a week after our sessions, so we can work through the experience together. I find that this is one of the most helpful parts of the process!

Please know that I have gotten full permission from XXX to show you the emails that were written during this week.

I will give you a little background on XXX. XXX is from the UK and is in his late early 30's.

XXX contacted me because he had EXTREME approach anxiety. This, as we all know, is not a helpful attribute if you are attempting to meet women.

XXX wanted to get rid of his XXX and had tried every program available in the PUA community, dating community and attraction community. He was down on himself and couldn't understand why he was having such trouble with approaching women.

During our 30-minute Phone Coaching Session, I was able to pinpoint XXX's problem within the first 5 minutes of our conversation and quickly thought up an exercise that would eliminate his approach anxiety.

XXX was a SELF DOUBTER, meaning that he analyzed, evaluated and over thought each of his movements before taking action. This caused him to put a negative spin on all of his approaches, which lead to self-doubt, negativity and extreme approach anxiety.

I wanted to work on getting XXX out of his and into his body so that he could learn to enjoy interactions.

XXX discussed this limiting belief in great detail and together we were able to break it down so that he felt better. I did this by providing him with insider information about women that he said he had NEVER heard before.

At the end of our session I provided him with an assignment to do over the next week. I told him that if he follows the assignment, it would guarantee changes in him within the 7 days.

His assignment was to approach 10 people every single day and at the end of each day write me an email filled with his experiences. I would then give my feedback and advice as a Wing Girl and wait for the next email.

The main thing that I told XXX to notice during the 7 days was **other people**. I told him to watch how other people operate, how they respond, how they move, how they talk.

I believe that once you learn to understand others you can

stop focusing so much on yourself. Mainly because you will start to see that EVERYONE has their own issues to deal with and that you are not the only one with concerns about their actions.

I am sure you are asking, how can approaching PEOPLE help you with approaching women?

I find that those who have approach anxiety with women don't realize that they probably have approach anxiety with people in general.

This assignment helps not only helps them learn more about people but it helps them find comfort within themselves and **WOMEN ARE ATTRACTED** to a man that is comfortable.

**COMFORT IS SO SEXY!**

XXX exceeded my expectations and was not only able to combat his approach anxiety with people but was quickly able to overcome his approach anxiety with women.

Below is our email correspondence. Pay close attention as I do not want you to miss anything!

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Subject: Day 1

To: "Wing Girl Method" <marni@winggirlmethod.com>  
From: XXX

Hey there, here's my report on my first day of approaching people.

I know you didn't want war and peace in my email, but as this is my first attempt and it didn't go exactly as I'd hoped, I'm kinda brain dumping here, so apologies in advance...

Mixed emotions with this one, after being so strung out about what I had to do the next day and losing sleep over the whole approach thing, I actually started without much trouble.

In the morning I started up a light conversation with some guy waiting at the bus stop. Initially just a polite good morning followed quickly by asking the right time. I actually noticed that this guy seemed just as uncomfortable talking to a stranger as I did which was rather comforting.

Next up, once off the bus at my destination I asked a couple whether they knew where the nearest post office was (no idea where I pulled this one from, I just kind of panicked and said the first thing that came in to my head). They were pleasant enough in their reply although this approach did identify that I need to speak up somewhat.

Unfortunately I over compensated for that with my next approach where I asked a lady walking in the opposite direction whether she had the right time. My initial "excuse me" was possibly way too loud as it almost made her jump out of her skin. Still she did respond although I can't remember holding any eye contact with her, which is something I also need to try and bring in at some point.

From there, I had what could be called 3 half approaches, in that I said something to someone I've never met before but it wasn't exactly me going directly up to someone and saying or asking something, rather it was simply a cast away comment. This all happened at lunchtime in the local pub next to where I work. In all 3 cases I simply said something to them over the shoulder, smiled and then got back to my conversation with my friends.

Undecided whether they should count...

From there, it went drastically down hill, and I'm rather annoyed at myself for allowing a shift of state because of someone else's comments.

Tonight a few of us headed in to town for a rock concert. On the way I happened to see a girl standing outside of a shop looking in through the window with hands cupped to the glass. I casually asked whether she'd been locked out and she turned, smiled, rolled her eyes at the situation and then looked back again.

Initially I felt happy that I'd even said something to a stranger in front of friends outside of a comfort zone. Yet one of my friends laughed and said, "well she didn't like that very much did she? You're losing your touch" to which I tried to shrug off and continue to be positive.

Worse was yet to come though as we passed what used to be a bookstore and there was a number of very attractive girls outside waiting to get in. One of my friends asked the rest of us what was going and I suggested that I go and ask them to find out. I should have ignored it and seen it as some insecure put down, but the same guy from before said, "nah - they'll only all ignore you".

This completely knocked me for six and I never really bounced back after that. Before I knew it my head was full of negative nonsense and I was frozen with every other situation that came along.

I called him on it afterwards and asked why he had to be so negative about me, and he said he was just trying to make it more of a challenge and push me in to it, but by that point I was annoyed at him for thinking it'd be funny to say something

like that in the first place, yet more annoyed at me for reacting to it in the first place.

The only other approach I attempted was more of a rubbish shout at a girl who was wearing these real nice cowboy boots. Rather than walk up and simply ask where she got them or something along those lines, I just looked over and hollered "hey nice boots!" which she promptly ignored and in hindsight was probably worse than me not saying anything at all.

So tomorrow is going to be interesting. My usually reaction to the last few paragraphs above would be to go in to hibernation mode and block it all out, yet at the same time I guess I need this to prove I can overcome such pointless and negative situations and come back stronger...

XXXX

## **RESPONSE**

From: Wing Girl Method

To: XXX

Subject: Re: Day 1

If you hibernate I will hunt you down and find you!!!!

This does not sound that bad at all. It sounds like a good friend of yours is trying to help you. You need to take a breath and really think about what is going on around you. **A FRIEND IS TRYING TO HELP YOU BECAUSE HE KNOWS YOU ARE GREAT!!!** You are pretty lucky to have people care about you.

Start thinking of it that way.

Next time this happens with him just take a breath and smile and nod.

Other than that your interactions sound great. I like how you are noticing what works and what doesn't for you.

For the woman you startled with your loud voice you gotta learn to enjoy that moment and laugh. You will soon realize

that the way you respond can dictate the behavior of those around you.

Next time enjoy the brief exchange. If you are enjoying yourself others will follow your lead.

Great job for day 1! You are really getting in touch!!!

Marni

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From: XXX

Subject: Day 2

To: "Wing Girl Method" <wingirls145@yahoo.com>

First of all - thank you for being straight to the point about re-thinking what went on last night - it really does help to get an alternative and third party opinion! I would usually have spent at least a day if not more wallowing in negative thoughts and playing it through in the wrong way. Instead I saw it the way you explain, felt thankful for what he was doing and in fact

ended up going out tonight to another gig that usually I wouldn't have done.

Which leads me to my second day approaches.

The morning was the same simple approaches as yesterday - asking the time, general chit chat and basically seeing that people aren't what they seem when you first look at them. Kind of a big gap between the morning approaches and the approaches that really got me excited about doing more of this!

I'd been out for a second gig tonight and, while walking home decided to try something a bit different.

So far I've mainly approached people older than myself as I guess I saw them as more... well, approachable compared to people my age and younger.

However while heading home after the gig, I'd been thinking that I hadn't really pushed myself today compared to yesterday and while I felt far more comfortable and confident in social situations, I knew I'd shy'd away from certain situations.

So, while leaving a late night takeaway, I approached a guy who usually I'd have thought would be way too cool to speak to me.

I used the old classic of "who lies more girls or guys" and this guy seemed to open fine but just didn't know what to say!

This was a major revelation to me in that if I can be someone who can confidently approach a stranger then I'm actually in a very unique minority.

Next while walking back home I used my mobile as a prop to do the "do drunken I love you's count?" opener.

First was a group of 3 girls over the other side of the road who really got in to the conversation. They didn't freak out in the way I'd have expected them to and I actually managed a few questions and answers back and forth.

Next was a single girl by herself who, usually I'd have instantly thought - jeez don't say anything to her because it's late and she'll get totally freaked! Yet again she also responded in a friendly and casual way.

Finally I decided to approach a group of two guys and a girl heading the other way - the open worked great because they all stopped and listened to my opener of "let me ask you guys something", however I did experience what happens if someone in the party you approach manages to take control of the conversation forcing me to smile at them and just say "yeah ok cool" and roll off.

At that point though I was so buzzed that I'd stopped them, got their attention and also casually left the group without looking or feeling uncomfortable that the actual conversation didn't matter.

With the latter half of my approaches I'm starting to see and understand a lot of the things I've read about the next step after approach, but right now I'll just concentrate on the approach itself and keep attempting scenarios that I haven't managed in the past until I'm comfortable with them.

That's a lot of words, so feel free to skip right down to this sentence where I identify that I'm actually starting to see the world in a whole new different light!!!

XXX

## **RESPONSE**

From: Wing Girl Method

To: XXX

Subject: Re: Day 2

You just made my day!!! I swear I just got chills when I read your email.

I told you this would happen fast for you. I knew it!!!

You are doing great! Just know in advance that the reason people were so open to you was because **you are finally open to you.**

It is not always going to go well with your approaches but as you are seeing there are always 5 other people around the corner to approach.

Also I really like the way you were breaking into conversation.

You are testing what works for you, which is very important. I find that a lot of people stick with the same line and just say it over and over and over again.

This can become boring to the person saying the line but even more so for the person hearing it.

You are learning what works for you and what doesn't.

Looking forward to your next post!

Marni

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From: XXX

Subject: Day 3

To: "Wing Girl Method" <winggirls145@yahoo.com>

Today had some highs and lows...

It started off really well in the morning. I decided to walk in to work to maximize the opportunities to approach people.

The first approach was a lady wearing this fabulous purple coat. As soon as I saw it I knew the approach would be easy because that coat would be my opener.

I smiled and asked where she bought the coat, following up with an explanation that purple is my Mum's favourite colour and with her birthday coming up she would totally adore something like that (...and the Oscar for best male actor goes to...).

She explained that she'd bought it from Marks & Spencer's (a large retail chain in town) but then told me that it was maybe a year ago and she hasn't seen any since but people do keep asking her about it.

Suddenly I had a real life example of peacocking and how it helps others open to you!

When I realized how well it worked I was all smiles and had a light bulb on moment!

Now I'll briefly admit that in the late 80s early 90s I was heavily in to rock and could often be seen with my black shiny pvc

trousers, star print silk shirt, back combed hair and makeup... however those days have gone and I really didn't think I could quite pull that look off again if I was to go to town peacocking ala Mystery. However here it was simply something different that stood out enough to get noticed.

Brilliant!

My second approach was two girls in their early twenties walking in the opposite direction. I stopped walking and asked them whether they had the right time - taking the simple opener because speaking to younger people (particularly girls) is still out of my comfort zone. Clearly neither girl had a watch on and there was a bit of a funny moment where one of the girls turned to the other, said her name in that questioning way that people do when they hope that someone has the answer and then turned slightly towards her to see if she had the time... queue what felt like 5 minutes (but was probably 10 seconds or something) of the second girl rummaging through her bag trying to find her mobile phone. Meanwhile the first girl and I just kind of stood watching her like spectators at a handbag searching competition.

Thinking back, I really should have used that moment to say something either about how funny we looked or anything for that matter, but before I knew it I was more drawn in to simply hoping she actually had the time for some reason.

Third approach was a very serious and alpha male type of guy in a suit having a cigarette outside.

Now previously I'd have wanted to keep my distance, but this ever-increasing confidence build pushed me to approach him. Again I used asking the time as I've become very comfortable with this, although I feel I really need to use something else, as it's not the easiest to transition from to something else...

Anyway, to my complete surprise the alpha-guy responded with the most camp and effeminate voice I've ever heard! This was one time I really did hope the person didn't think I was approaching for any other reason.

Then the cogs started to slow... not sure whether it was because I'd had a long day at work and had been out late the previous two nights, but suddenly my heart just wasn't in it. I dropped out of a talkative and upbeat mood yet also felt disappointed that I hadn't pushed as much as I had yesterday.

In a way that's crazy as I'm approaching complete strangers without even a glimmer of nerves or doubt. Yet I'm now getting to the point where I don't want to be asking the time, I'd rather attempt to comment on something they are wearing or get an opinion...

I forced myself to approach this exceptionally attractive girl and before I knew it "do you have the right time?" was out of my mouth... just as a clock from a nearby cathedral started chiming the hour. I laughed at the situation and didn't feel bad about it (and to give the girl her due she still smiled and told me anyway), but that really was the full stop to the day.

When I got home I was feeling down because I hadn't approached as many people as I'd have liked and forced myself to go down the road to the supermarket to get some groceries, hoping there would be some opportunity to approach along the way. Yet it felt suddenly the wrong time, I wasn't in the right state, felt exhausted and so I shut down.

So yeah, highs and lows - mostly some very interesting and certainly fun moments though!

XXX

## **RESPONSE**

From: Wing Girl Method

To: XXX

Subject: Re: Day 3

Where were the lows?? I read that email twice and thought maybe you forgot to include them ;)

We have to get that head of yours to stop being so down on yourself. Your day sounds like you are really progressing. You are pushing yourself and you are making connections that you would have never noticed before.

I just saw this video the other day with a guy approaching a girl to ask for the time and when she stumbles for the time he says "that's ok I have a watch I just wanted to flirt with you... My name is x". I thought it was great and fun. May be something you would want to try.

In my eyes it just keeps getting better for you.

I can even see it in the way you write to me. You are getting more confident and I can hear your excitement through your written word.

It is very attractive!

Honestly, I am so impressed with your progress. Can't wait for your next email.

Marni

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From: XXX

Subject: Day 4

To: "Wing Girl Method" <wingirls145@yahoo.com>

Yeah I guess I do get in to the habit of being very critical of what I do; I guess I have overly high expectations of what I should achieve or something like that?

I'll try and explain what's now going on (in my eyes) and maybe it'll also help me see for myself the progress...

Well, I'm absolutely overjoyed that I've completely lost all approach anxiety in terms of asking a stranger something trivial!

Day 1 I was exceptionally nervous about asking someone something as simple as the time and it was a huge effort to do that; so huge in fact that I lost sleep thinking about having to do it.

Day 2 was a real eye opener in that I was on such a positive emotional high from being able to take your advice about reframing what happened on day 1 and then go out and have an absolutely killer night with friends, I was able to open twice with opinion openers.

Day 3 I think I expected to be able to continue with the opinion openers, yet because it didn't feel natural at the times I was approaching, I got really miffed and felt I'd taken a step back because I kept hesitating to approach using a different type of opener and clocked up a number of non-approaches.

Today, I literally blasted through a number of approaches and now am starting to only select girls I would consider attractive and would want to know more about.

When opening with the time question I'm not even thinking about it, and I'm starting to pay more attention to how I stand, how I communicate with them and so on which is really an important factor I suppose.

What's in the back of my mind I guess is that I'd like to be able to approach and say anything and be comfortable with it.

Still tomorrow is Friday which is always a fun night, so I'm sure it'll provide some fun experiences for me

XXX

## **RESPONSE**

Subject: Day 4

From: "Wing Girl Method" <winggirls145@yahoo.com>

This is the point when it all starts to become fun. Actions are becoming automatic responders for you so that no thought is needed.

This is great progress and it is exactly where I hoped you would be by day 4!

You are now getting comfortable and starting to feel what it is like to be naturally social, confident and outgoing.

Characteristics that women find attractive.

Now let's start interacting with women and using some of the materials you and I talked about last week.

I am going to let you have a go at it on your own but will be here for feedback after your attempts.

Marni

From: XXX

Subject: Day 5

To: "Wing Girl Method" <wingirls145@yahoo.com>

Two great things happened today which have really felt like further breakthrough's and I'm feeling so thrilled about.

As I went to step outside to head to work this morning I was confronted with... snow. Not the fairy tale fluffy flakes of snow, but slushy cold and wet snow drops that give your face a slight sting as they hit.

My initial thought was that it was unlikely I was going to be able to approach anyone with this weather.

At first my premonition seemed right as people quickly dashed to where they needed to be - heads down away from the rotten weather and feet moving as fast as they could without slipping over.

Yet as I was walking along a slightly more sheltered pathway, I suddenly caught myself stopping a girl and asking her where she got her big wooly scarf - a brief conversation ensued where she told me she got it on eBay and that it was a store rather than just an individual and that she found it by searching for woolen scarf.

Despite the weather she was still friendly, open and walked away clearly happy I'd asked her about something she had an emotion for (no matter how small).

A couple of minutes later I approached another girl and asked about her coat - again I was received openly, although this time I was rather too quick to leave as soon as she told me, but no matter - it was freezing cold after all!

From that point on, I was suddenly able to approach with an opener that I felt had for more potential for keeping a conversation going!

No thoughts about whether they'd wonder why I was asking or fear that they'd call me my reasons for asking. I almost didn't want to go to work I was having such fun!

So the first breakthrough was seeing that there's always possibility no matter what the situation and the facade that peoples expressions may first give don't really mean that they can't be approached.

The second was my new found feeling of comfortably being able to ask something about a particular thing about that person rather than a neutral question like the time.

I can always fall back on doing a few approaches regarding the time if I need to get in the mood, but this is now my new thing.

It also feels like I'm now looking for particular things about a person I can ask about in a short space of time.

My last approach of the day was also a real incentive to keep pushing. As I was heading out of work to meet friends I approached this very attractive girl and asked her where she got her jacket from, as I'd never seen anything like it before. She responded with a big smile explaining it used to be her Mum's, didn't know where it originally came from but showed me the label and then... I swear had this expression that seemed to say; "please keep this going".

Unfortunately I was running late to meet my friends and had to head on off, but I was so thrilled with this reaction that it didn't actually matter I had to go. I remembered Neil Strauss saying you should always show a willingness to walk away and have

other things to do and it actually felt great that I didn't actually have any dependence on an outcome.

Words can't describe how positive I'm starting to feel about all of this and it's like doors are suddenly starting to fly open and the possibilities really are starting to become more and more real - thank you!!!!!!!

XXX

## **RESPONSE**

From: Wing Girl Method

To: XXX

Subject: Re: Day 5

You cannot understand how happy you just made me!!! I am thrilled but please know that this is all you.

It is crazy what people are capable of once we get all the fear and crap out of our heads.

You are also lucky in that you are able to absorb information quickly and are able to process and come up with your own conclusions.

One thing I really wanted to comment on from your email was the point you made about using real conversation to approach.

There is content around you at all times. Once you realize that conversation is in your control you can pull openers from anything around you.

There is no right THING to say just a right WAY of saying things.

Amazing stuff!!!

Marni

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From: XXXX

Subject: Day 6

To: "Wing Girl Method" <winggirls145@yahoo.com>

Having experienced the first 5 days of the new me, I had woken up thinking I'd just chill for the weekend, maybe have a positive think back to everything I've achieved and unwind for a while.

Curiously though my subconscious had other ideas and I found myself approaching people without even meaning to - you should have warned me that this being social stuff is so addictive!

haha I'm really loving doing it, how it makes me feel and how it's allowing me to see the world in a completely different way.

It broke the rules slightly, but while I was in town doing a bit of shopping I decided to head in to one of the big video game stores we have here to see what's new (to say I have a bit of a passion for video games is probably an understatement, although recently I've been too busy socially!).

Saturday's are always busy in town and the shop was full of teenagers boasting about how good they are at a certain game, young couples arguing about why the guy

should/shouldn't buy a video game and Mum's looking completely lost trying to buy an early Christmas present.

Anyway, much to my surprise the 3 assistants at the counter were all girls in their early to mid 20s, I'm guessing from one of the Universities nearby.

The old me would have been freaked out by this, probably felt embarrassed about buying video games and running all sorts of crazy and unlikely scenarios through my head.

The new me... I started talking to them all about anything and everything.

It actually started with me talking to the girl who was serving me, but before I knew it the other two were joining in every now and again as well!

For me though, this wasn't the best moment.

Due to server traffic or something technical like that, the machines that you put your credit card in to weren't working. So, I suggested the girl keep the discs to one side while I got some cash instead.

On returning there was now a long queue for the checkout.

Being British we do love our queues, so I headed to the end (not wanting to push in and besides I wasn't in any hurry and it gave me time to check out what was going on around the shop - people watching is quickly becoming my new hobby!!)

The girl who has served me previously finished with a customer and then shouted across the shop "is anyone paying with cash?"

The old me would have heard, and nervously looked around before deciding that the best option is to stay where I am until the queue has moved along and then I'll hope the question gets asked again.

The new me, stood on my tip-toes waved my hand in the air and bellowed across the entire shop "Yeah me!!!" It had happened before I knew it and even afterwards when I knew people were looking... I just didn't care!

In fact to make it even more amusing a conversation (albeit at a fairly loud volume) started up again between the assistant and me.

Afterwards as I was heading back home, I thought back to the situation with a slightly puzzled smile thinking, was that me? Realizing that, yeah that was totally me! Was very reassuring.

XXXX

## **RESPONSE**

From: Wing Girl Method

To: XXX

Subject: Checking in a week later!

Amazing. You are really starting to take on your new persona and speaking up instead of being one of the herd.

Do you think you are ready to start working some of that confidence on women you are interested in?

Marni

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From: XXX

Subject: Day 6

To: "Wing Girl Method" <marni@winggirlmethod.com>

Hey there - just got in from a date... yeah I know!

I can say without a doubt that simply by seeing myself having put that first foot forward and not fall over with approaching strangers, I'm really seeing myself heading in a whole new direction.

The biggest new discovery though is that I've personally really needed to water down some of the "after approach" things I've been learning.

I'm sure you know there's a myriad of methods out there, from the "natural game" up to the likes of Mystery's pre-formulated routines.

Like you pointed out to me though, it's a matter of taking it all in and filtering it back out until I get the common factors that work for me and running comfortably with that.

For me it was simply the realization that I've been telegraphing too much intent and framing myself far too much as the person chasing some pot of gold at the end of the dating rainbow. To put it in a less fancy way, as soon as I stop trying, relax, have fun, be confident and unafraid, I'm receiving far more attention and positive interest than ever.

In an ironic sort of way, trying to find that perfect partner isn't the big deal it used to be, that's still a bit of a puzzle to me, but then again I'm realizing that not everything can be logically thought out and I should let myself run with my emotions sometimes.

So yeah - it's all going great so thanks!

Hope you're doing well, and if you fancy swapping the warmer climes of the west coast for the currently snow sprinkled English countryside - please holler up and we can swap lol!

XXX

From: XXX

Subject: Day 7

To: "Wing Girl Method" <wingirls145@yahoo.com>

I wanted to write you an email to express how I feel about you and this experience with The Wing Girl Method.

When I first started out trying to figure how to approach, attract and ultimately seduce the opposite sex, I quickly became overwhelmed by the mountain of different methods and techniques out there, and more than a little confused by the often-contradictory advice!

Furthermore my crippling approach anxiety prevented me from even getting to the point of trying any of it out; the only advice I seemed to get from my peers and PUAs was simply to go out and do it! (Usually followed by a sales pitch of some kind).

What I needed was a female perspective; more specifically, I needed a female perspective from someone who truly understood both sides of the game.

Luckily I got that and a hell of a lot more with you.

After our 1 to 1 phone session where I received advice and guidance that was sensible, no-nonsense, un-biased and tailored specifically for me I was off approaching over the next 5 days... and having fun with it! I couldn't believe it.

Better still was the fact that I received positive feedback and awesome advice throughout that time (and lets face it – most of us guys are motivated by the female species so what better way to keep improving?)

I really feel that, thanks to you, my life has taken on a whole new direction and as a result I've had and continue to have fantastic opportunities coming my way. Thank you so much!

XXX

### **My Commentary**

I really hope that this email exchange between XXX and myself was inspirational to you. See what you can achieve with a little motivation, courage and guidance.

I have worked with XXX several times after our first Transformational Phone Coaching session and he is a TOTALLY different person.

He is completely over his approach anxiety and can't even seem to remember why the issue even existed.

At one point in our conversations he was having troubles because he was dating too women and wanted assistance on how to evaluate who was right for him.

XXX was able to learn what I myself learned a long time ago. That other people are just that, people. They are not super humans that are better than me.

Women are just the same. They are not mythical, magical creatures with breasts. They are just people.

No need to be afraid of others because when you interact with others you gain experiences. Experiences give you context and context gives you confidence.

**I Want To Make You A Very Special Offer!**

For the **next 24 hours only** you can get a 50-minute phone session with me for 30% off!!! All you have to do is enter this code at checkout: 30off

Again, this offer will only be available to you for the next 24 hours ONLY.

To sign up go to:

<http://www.winggirlmethod.com/category/coaching/>

Looking forward to working with you!

Marni